

HAPPY 2ND ANNIVERSARY, **UPRISE!**

A NextGen, Global Catholic Generosity Movement, thru the 14 Works of Mercy



Make A Generosity Commitment...

Change the world by sharing your love and mercy...change the lives of others as well as your own...consider making your personal commitment to your favorite Catholic causes, organizations, and experiences today, throughout your lifetime, as well as part of your lasting legacy!

Join the UPRISE NextGen Movement...

Join in with other young adults from around the globe, help spread the UPRISE movement throughout your family, school, campus, parish and community; in loving service to others sharing your virtue and life values-in-action! <https://catholicuprise.com>

Share Your Love & Care with Others...

Spread your love and kindness thru the sharing of your time, talent, treasure and ties - go ahead and use the 14 Works of Mercy to get started, one caring act at a time! Encourage your family and friends to join the global movement and keep generosity a priority in your life as a Catholic!



Super excited to see the UPRISE movement expand globally this past year...

So filled with gratitude for our loving, **Triune God** and the continued promptings of the Holy Spirit who created and continues to grow UPRISE.

We offer deep appreciation to all the volunteer Founders of UPRISE these past 15 months for all their time, talent, and

**“Remember, Lord, your church,
spread throughout the world,
and bring her to the fullness of charity...”**



We'd Love to Invite you to Join UPRISE!

Why should Pope Francis' 2016 Jubilee Year of Mercy stop at just one year? Let's keep it going. Let's do our part to make the world a better place. Let's spread love and caring and encourage others to do the same. Let's pay it forward. Together, let's **UPRISE** against ego-based, self-absorption and relativism, and **UPRISE for Catholic generosity!**

Three (3) Easy Steps!

1. REFLECT & DECIDE

Decide to make the generosity commitment, then tell your parents and friends.

2. JOIN US!

Sign up here <https://catholicuprise.com/ignite-your-flame/>

Ignite your flame, and help spread the word of your generosity commitment on social media, share your story of why you joined.

3. UPRISE - PUT YOUR OWN GENEROSITY IN ACTION through the 14 Works of Mercy!



UPRISE Interview with Student Editor of *INSIDE CC*, the bi-annual magazine intended for 15,000 alumni.
Catholic Central High School
Grand Rapids, MI December 2018

tremendous hearts that have helped get the word out globally to now ten (10) countries, and actually grow the number of people who are inspired to make the virtue of Catholic generosity one of the defining aspects of their family and community life! *Praise God!* All Done in His Name, *Colleen* UPRISE Volunteer Steward **Write to us @:**

begenerous@catholicuprise.com

Highlights of the 2019 UPRISE Works of Mercy in Action



Hosting a Thanksgiving Meal at Bronson Hospital, Kalamazoo, MI November 2018



UPRISE advice offered by Dominican Sister of Peace Sister Rosemary Loomis, one of the five (5) Godly Counsel members to UPRISE . Columbus, OH December 2018

UPRISE movement-makers featured in the Diocese of Grand Rapids, MI FAITH Magazine December 2018





Robin Welsh, one of the Founders of the UPRISE movement speaking to members of the Saint Francis Xavier Youth Ministry Group Grand Rapids, MI March 2019

Saint Francis Xavier Youth Ministry engaging in the Feed the Hungry Work of Mercy, making "glove-box bags" for the homeless, with the addition of homeless shelter information. Grand Rapids, MI March 2019

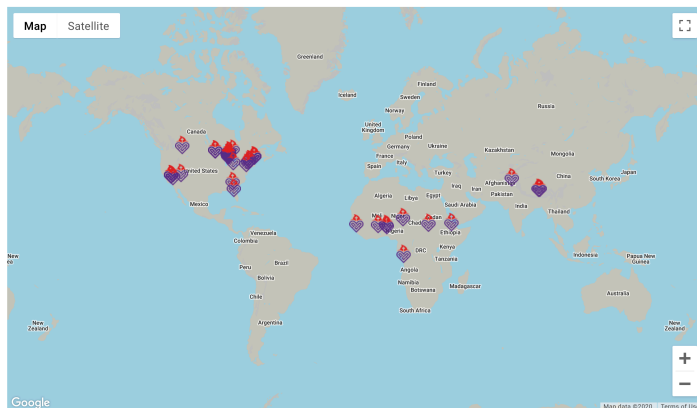




Campus Ministry Introduces UPRISE Works of Mercy Journal as part of their daily Lenten practice!
Newton Country Day (Upper School)
Newton, MA March 2019



Family donates house furniture to a Catholic church auction to benefit their church and youth ministries.
Gratton Township, MI
May 2019



New global map created by FillaLife for the UPRISE website reflects UPRISE generosity commitment-makers in the United States, Angloa, Bhutan, Nigeria, Ethiopia, Sierra Leone, Nigeria, Pakistan, and Ghana, reflecting a truly global generosity movement throughout 2019!



Saint Mary's Hospital Surgery Family Waiting Lounge Easter Support
Grand Rapids, MI *April 2019*



Diocese of Grand Rapids Teacher
Summer Planning Workshops
July 2019



Save the Date

The Grand Rapids Diocesan Council of Catholic Women
presents their 80th fall seminar

CATHOLIC STRONG

Saturday, October 19
St. Mary Church, 15164 Juniper Dr., Marne, MI 49435
8:30 a.m. to 3:00 p.m.
Cost: \$20

Speakers Katie Mendenhall and Margaret M. McCarthy will each talk about their experience of how the Catholic community comes together in difficult times to support one another. Colleen Mitchell will present UPRISE, a global, social media movement of Catholic generosity.

Join us for these inspiring talks. Contact grdccw@grdiocese.org

the corporal
WORKS OF MERCY

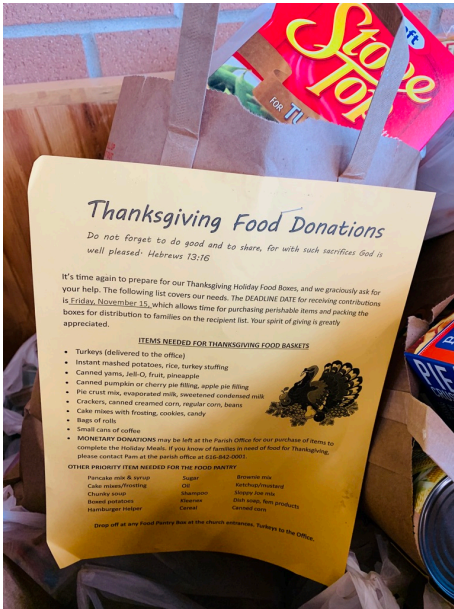
- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead

www.catholicUPRISE.com



Council of Catholic WomenGR 80th Autumn Seminar
introducing UPRISE @ St. Mary's Church
Marne, MI October 2019

Saint Francis Xavier Youth Ministry led by M/M Kurt Filla choose UPRISE as their framework for their 2019-2020 programs! Thank you!
Grand Rapids, MI October 2019



Saint Patricks/Saint Anthony Parish encourages parishioners to donate food to the local Food Pantry to assist those in need during the holidays.
Grand Haven, MI October 2019

The ArchDiocese of Detroit Council of Catholic Women gave the "Golden Rose" Award to 24 young high school women who exemplify scholarship, spirituality and service - UPRISE introduced for launch at each school!
Detroit, MI November 2019



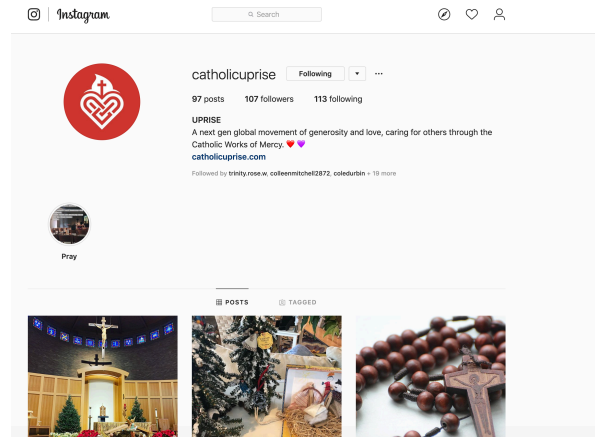
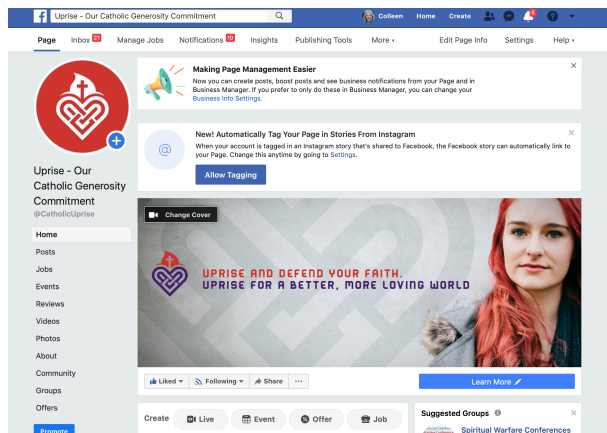
Catholic Central High School in Grand Rapids has added a unique aspect to the student experience: a "house" system that enhance students' personal development of faith, leadership, community, and service, using UPRISE!
Grand Rapids, MI August 2019



UPRISE #GivingTuesday with the Diocese of Grand Rapids, MI December 2019

#GIVING TUESDAY

SOCIAL MEDIA 2019 UPDATES:



Both an "Outreach Campaign" as well as "Weekly Postings" took place in 2019 on both Facebook and Instagram, thanks to FillaLife Media. The website also actively posted Blogs of UPRISE movement-makers *Stories of Impact*. By October 2019, social media average reach was 5,556 and 8,895 impressions weekly, primarily toward Campus targeting. By December 2019, reach grew to 374,912, with 490,704 impressions during Christmas week, modifying the target audience, globally. Nearly 12K new people engaged with UPRISE content from Sept-December 2019, **bringing the total reach to 1 Million people! The UPRISE message has now reached 147 countries**, out of 195, or **73% of the world!**

Many Ways to Advance the UPRISE Movement throughout 2020:

Spread the word to friends and family

Invite others to join you in the UPRISE Movement

Start an UPRISE Club

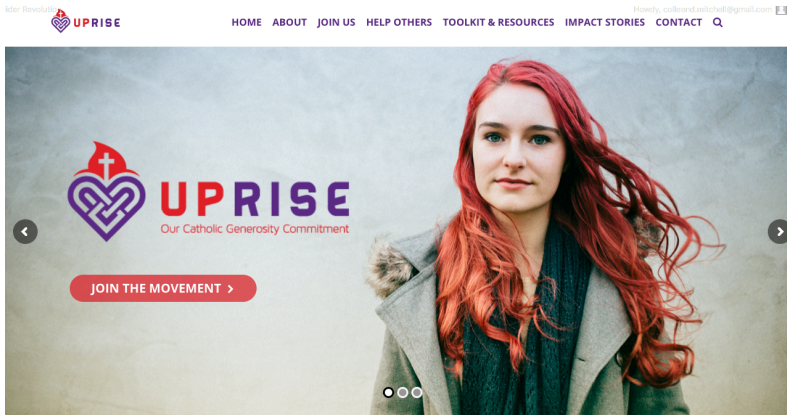
Share your own Works of Mercy with Others

Post your UPRISE on your favorite Social Media

Keep up to date with UPRISE Stories of Impact on our website

Give of your time, talent, treasure and ties now to your Parish on #GivingTuesday 12/1/20

Help Build the UPRISE Movement! THANK YOU SO MUCH!!



Hashtags:

- #catholicuprise #uprise #catholic
- #worksofmercy #charity #generosity
- #generositymovement #jointhemovement
- #mercyfridays #nextgencatholicmovement
- #passiton #loveisfreedom #loveandmercy
- #Godislove #Faith #catholicyouth
- #AliveinChrist #bekind #lovingGod
- #spiritfilledlife #LifeinChrist #changetheworld
- #oneheartatatime #faithinaction
- #peaceandjoy #lovethyneighbor #Jesus saves
- #ourcatholicgenerositycommitment
- #uprisegenerosity

<https://catholicuprise.com>

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